



National Coalition of Estheticians, Manufacturers/Distributors & Associations

Basic 600 Hour Esthetician Job Task Analysis

The NCEA Basic 600 Hour Job Task Analysis for an Esthetician represents the practical and theoretical knowledge that an esthetician needs to work in today's skin care industry. These tasks – *if implemented in your state* – will work towards National Endorsement—the ability for a licensed esthetician in one state, to move to another and be able to commence working. It is NCEA's position that National Endorsement will improve the level of training and allow licensed estheticians to move and work more easily across the country.

All state boards, schools and estheticians are urged to review and incorporate these tasks. States should update rules and regulations, schools should update their curriculum and for those estheticians already licensed, seek the necessary training and education to meet these Basic Job Tasks.

1. GENERAL CONCEPTS

- Client Care
- Professional Ethics and Appearance
- Business Management

2. SAFETY/INFECTION CONTROL

- OSHA - Bloodborne Pathogen Standard
- Hazard Communication Standard
- Disinfection
- Sterilization

3. APPLIED ANATOMY

- Anatomy and Physiology - Skin, Other Systems
- Cosmetic Chemistry
- Dermatology - Skin Diseases and Disorders
- Plastic Surgery - Common Plastic Surgical Procedures
- Nutrition

4. SKIN TREATMENTS

- Facial Massage
- Chemical Exfoliation
- Manual & Mechanical Lymph Drainage

5. BODY TREATMENTS

- Chemical Exfoliation
- Hydrotherapy
- Body Masks
- Body Wraps

6. MECHANICAL ELECTRICAL DEVICES

- Basic Physical Electrical Therapy
- Galvanic - Iontophoresis
- Disincrustation
- High Frequency
- Microdermabrasion Basic Theoretical Knowledge
- Ultrasound - Basic Theoretical Knowledge
- Lasers - Basic Theoretical Knowledge
- Light Therapies - Basic Theoretical Knowledge

7. HAIR REMOVAL

- Waxing
- Tweezing
- Electrolysis - Basic Theoretical Knowledge
- Laser Hair Removal - Basic Theoretical Knowledge

8. MAKEUP

- Purpose and Effects
- Supplies and Instruments
- Preparation
- Procedures
- Safety Measures
- Infection Controls

9. PRACTICAL EXAMINATION DESCRIPTION

- Safety and Infection Control
- Client Care and Set-up
- Cleansing the Skin
- Steaming the Skin
- Massaging the Skin
- Application of the Mask
- Eyebrow Arch (Tweezer)
- Eyebrow Arch (Cold Mock Wax)

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